



## Spring 2019 Registration

ZUMBA KIDS is a fun, healthy program for children using the Zumba Fitness concept. The goal of ZUMBA KIDS is to develop a healthy lifestyle and to incorporate fitness as a natural part of children's lives. In addition to exercise, ZUMBA KIDS strives to promote other aspects of a healthy lifestyle including:

- Leadership
- Respect
- Team Work
- Pride
- Confidence
- Coordination
- Balance
- Discipline
- Memory
- Creativity

This class is being offered exclusively to Westbrook students and is being taught by Kate Hanson, a certified ZUMBA KIDS instructor. Mrs. Hanson currently teaches preschool in the mornings and enjoys bringing her three daughters, ages 10, 8, 6, along to Zumba class.

**Session #3: March 7<sup>th</sup>-May 23<sup>rd</sup> (no class March 28<sup>th</sup> due to Spring Break)**

**Time: Thursday 3:30-4:30**

**Location: Westbrook Front Gym**

**Cost: Single session (11 classes) \$145.**

*For an additional \$25, a nutritional snack will be distributed to students just before each class. Please indicate on the registration form if you are interested in this option.*

If you have questions, please call or e-mail Mrs Hanson at 773-750-1692 or [hansonkate4@gmail.com](mailto:hansonkate4@gmail.com)

Space is limited! Students will be accepted on a first come, first served basis.



To register your child for ZUMBA KIDS, complete this form and return to Westbrook School with a check for \$145 (plus \$25 if selecting the snack option) made out to Kate Hanson.

Student's Name: \_\_\_\_\_

Student's Grade/Teacher: \_\_\_\_\_

Parent(s)' Names: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

Zumba cost \$145

Optional snack \$25    Yes                      No

Total payment\_\_\_\_\_